

Discovering Teignmouth & Shaldon



1 Broadmeadow Sports Centre

Your local sports centre offers a range of facilities and excellent value-for-money leisure memberships.

- Fitness Suite
- Sports Hall
- Fitness Classes
- Crèche
- Sauna
- Squash Courts
- School Holiday Activities

LEISURE foryou

Broadmeadow Sports Centre
Broadmeadow Industrial Estate,
Bishopsteignton Road, Teignmouth,
TQ14 9AE Tel: 01626 775940
www.teignbridge.gov.uk

2 Fishing Equipment Specialist For Every Anglers Need

Jackmans Tackle Ltd

Fresh and Frozen Sea Baits • Fresh Water Baits
01626 779508
Northumberland Place, Teignmouth, TQ14 8DD
chrisjackman@gmail.com

3 Teignmouth Devon SeaSports

www.seasports-sw.co.uk
01626 772555
Email: info@seasports-sw.co.uk

RYA Training Centre

Tuition
Trips
Hire

RYA Courses available all levels in:
Windsurfing, sailing, P.W.C. & Powerboat,
1st and 2nd shore based courses.
Theory courses from basic navigation to yacht master
SRC (VHF) 1 day courses
Kayaking & Canoeing tuition & trips
Instructor Training (sailing & windsurfing)
Advanced clinics
Team building days and Action days
Children's Parties—pirate parties & kayaking parties
Superb choice of sailing Venues
Showers, changing & classrooms

4 Alpha Taxis

TEIGNMOUTH
01626 773030
Friendly Reliable Service
www.alpha-taxis.co.uk

5 Turn of the Tide

7 The Triangle Teignmouth
Pictures, gifts and clothing inspired by the sea
01626 777455
www.turnofthetide.net
www.sallyanderson-gallery.co.uk

6 TEIGNMOUTH TYRES

- Car Repairs
- Brakes
- Tyres
- Exhausts
- 24hr Breakdowns
- Car Sales

Units 1-2 Devon Arms Yard,
Quay Road, Teignmouth Devon
TQ14 8ER.
www.teignmouthtyresandexhausts.co.uk
01626 770701

7 the owl and the pussycat

Tel: 01626 775321
bookings@theowlandpussycat.co.uk
www.theowlandpussycat.co.uk

The Owl and the Pussycat restaurant in Teign Street is open for coffee, lunch, and dinner Monday to Sunday. Dishes prepared from fresh local ingredients. Secluded sunny garden for alfresco dining.

8 NAUTILUS SEAFOOD RESTAURANT

For the best in local fresh fish, shellfish, meat and vegetarian dishes

Open lunchtimes for Tapas.

We also have a special lunch menu at a great price on Tues, Weds, Thurs.
Tapas nights Tues, Weds, Thurs
£12.50 per head.

A la carte Friday and Saturday evenings.

Booking Essential Open Tues-Sat all year round, lunch and evening.
34, Brunswick Street, Teignmouth
Devon, TQ14 8AF 01626 776999

9 Teign Music

5 Carlton Place, Teignmouth,
Devon TQ14 8AB
Tel/Fax 01626 773400
Email: music@teignmusic.com
www.teignmusic.com

10 Shaldon Wildlife Trust

...is truly unique

Ness Drive, Shaldon,
Teignmouth, Devon TQ14 0HP
Tel: 01626 872234
www.shaldonwildlifetrust.org.uk
Off the A379 Torquay to Teignmouth
Road Bus 32 to Ness Drive

Tourist Information

Teignmouth Tourist Information Centre The Den,
Sea Front, Teignmouth TQ14 8BE Tel: 01626 215666
Email teigntic@teignbridge.gov.uk www.visitsouthdevon.co.uk

Teignbridge DISTRICT COUNCIL South Devon

Key

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